

# SOUTH HILLS HIGH SCHOOL



## 9th Grade Parent and Student Meeting

Wednesday, February 19th, 2025  
5:30 pm



# Agenda

Introductions

Role of the School Counselor

Review of Requirements

Class Scheduling Information

Preparing for College

Naviance and Other College Search Tools

SAT and CAASPP Testing

Resources and Upcoming Events

Contact Information



# **SOUTH HILLS HIGH SCHOOL**

## **2024-2025 SCHOOL COUNSELORS**



**Ms. Danielle Alexander**

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**Mrs. Megan Knight**

Wellness Counselor  
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[www.southhillshigh.com](http://www.southhillshigh.com)



(626)974-6208



@southhillscounseling





# Role of the School

## Counselor

ACADEMIC

COLLEGE/CAREER

SOCIAL/EMOTIONAL







# **Requirements and Scheduling Process**

# Scheduling Paperwork

- All scheduling materials and a copy of the presentation are available digitally in the Class of 2028 Google Classroom.



## SOUTH HILLS HIGH SCHOOL

Graduation Requirements vs. UC/CSU A-G Requirements

Subject	South Hills High School	UC/CSU A-G
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A- Social Science



## SOUTH HILLS HIGH SCHOOL

UC/CSU Approved Courses  
A-G Requirements

B- English

C- Mathematics

D- Science

E- Language Other than English

F- Fine Arts


G- Electives

Physical Education

California School District  
The College/Career Indicator  
must at least one of the  
☐ CAASPP Score of Level  
Advanced Placement  
International Baccalaureate  
Completion of Dual Enrollment  
Complete a 3-course  
CTE Pathway complete

Subject	Requirement	South Hills UC Approved Courses
A. Social Science	2 Years	Human Geography (AP) Pre-AP World History and Geography, World History P, World History (AP) U.S. History and Geography, U.S. History (AP) American Government P
B. English	4 Years	Pre-AP ELA I, Pre-AP ELA I Honors Pre-AP ELA II, Pre-AP ELA II Honors Composition, Literature III, CCSS

Subject	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
Language Other than English	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V
C. Math	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V
D. Laboratory Science	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V
E. Language other than English	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V
F. Fine Arts	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V
G. Electives	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V	4110 Spanish I 4110 Spanish II 4110 Spanish III 4110 Spanish IV 4110 Spanish V



### South Hills High School

Individual Learning Plan

Student Name: \_\_\_\_\_ Current Grade Level: \_\_\_\_\_ Student ID #: \_\_\_\_\_

Pathways/Programs I am Interested in Completing:

☐ Video Production (VP)    ☐ Culinary Arts (CA)    ☐ Business Finance (BF)    ☐ Welding (W)  
☐ Sports Medicine (SM)    ☐ Medical Assisting (MA)    ☐ Chorus (CH)    ☐ Theater (T)

IB Course Selection (11<sup>th</sup> and 12<sup>th</sup> Grade Only)

☐ Full Diploma Program- Select at least three HL (High Level) classes and then select SL (Standard Level) classes to fulfill six IB course requirement

☐ Associate Diploma- Select four or classes, two HL and two SL or select three HL classes

Subject	9 <sup>th</sup> Grade	10 <sup>th</sup> Grade	11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
English	1174 Pre-AP ELA I 1175 Pre-AP ELA I Honors	1176 Pre-AP ELA 2 1277 Pre-AP ELA 2 Honors	1301 Comp Lit II 1910 AP English Language 1926 IB English Language and Literature HL	1671 CREI Expository Reading/Writing 1920 AP English Literature 1926 IB English Language and Literature HL, 2
Math	3017 International Math I 3023 International Math II 3030 International Math III 3040 International Math III/Tig	3017 International Math I 3023 International Math II 3030 International Math III 3040 International Math III/Tig 3100 Top/Pre-Calculus 3105 AP Precalculus (Tig Honors)	3017 International Math I 3023 International Math II 3030 International Math III 3040 International Math III/Tig 3100 Top/Pre-Calculus 3105 AP Precalculus (Tig Honors) 3140 AP Calculus AB 3145 AP Calculus BC 3150 Stat/Prob/Finite Math	3023 International Math I 3030 International Math II 3100 Top/Pre-Calculus 3105 AP Precalculus (Tig Honors) 3120 Stat/Prob/Finite Math 3125 IB Math Applications SL 3140 AP Calculus AB 3145 AP Calculus BC 3146 Math 110 Dual Enrollment 304 Adv. Alg. Fin. (Financial Literacy)
History/Social Science	*Optional courses for 9 <sup>th</sup> *206 Pre-AP World History *2115 AP Human Geography	2090 World History 2068 AP World History	2130 US History 2300 AP US History 2278 IB History HL, 1	2170/2291 Government/Economics 2184/2281 POL 1/AP Macroeconomics 2277 IB History HL, 2
Science	5047 Pre-AP Biology 5048 Pre-AP Biology Honors	5047 Pre-AP Biology 5048 Pre-AP Biology Honors 9121 Body Systems (Med Assist MA-2) 9122 Body Systems (Med Assist MA-2) 5048 Pre-AP Chemistry 5049 Pre-AP Chemistry Honors	5047 Pre-AP Biology 9121 Body Systems (Med Assist MA-2) 5047 AP Biology 5048 IB Biology HL, 1 5105 Conceptual Physics 5048 Pre-AP Chemistry 5049 Pre-AP Chemistry Honors 5110 Physics 5111 AP Physics 1 5185 AP Environmental Science 5048 AP Chemistry 5197 IB Sports Exerc & Health Sci SL(SM-2)	9130 Body Systems 5047 AP Biology 5048 IB Biology HL, 2 5105 Conceptual Physics 5048 Pre-AP Chemistry 5110 Physics 5111 AP Physics 1 5185 AP Environmental Science 5048 AP Chemistry 5197 IB Sports Exerc & Health Sci SL(SM-2)
Physical Education	0146 9 <sup>th</sup> Grade PE 0180 Beginning Dance 0200 Meeting Band and Adv Band 0640 Cross Country 0650 Football 0653 Wrestling	0200 Coed PE 0204 Body Building 0205 Aerobics 0180 Beginning Dance 0182 Intermediate Dance 0300 Marching Band and Adv Band	0200 Coed PE 0204 Body Building 0205 Aerobics 0180 Beginning Dance 0182 Intermediate Dance	0200 Coed PE 0204 Body Building 0205 Aerobics 0180 Beginning Dance 0182 Intermediate Dance



# Scheduling Process

- The counselors met with 9th grade students over the last two weeks to deliver class selection information.
- Counselors reviewed transcripts and shared 10th grade class options.
- Starting February 20th, the counselors will meet individually with each student to review their course selections and transcripts.
- The counselors will suggest summer school classes based on the student's grades at that time.



# 10th Grade Classes

- All students are required to take **seven classes**.
- Students should continue to take a strong academic schedule that includes English, World History, Math, Science, PE/Sport/Band, Language Other than English and an Elective.
- We expect students to work toward completing the A-G requirements, and may require them to take a credit recovery class.
- We expect students to choose classes that they will commit to for the entire academic school year.
- Pre-AP classes are standard college-prep classes for all 9th and 10th grade students.
  - These classes include: Pre-AP English 1&2, Pre-AP Biology, Pre-AP Chemistry
  - We also offer Honors options of each of these courses

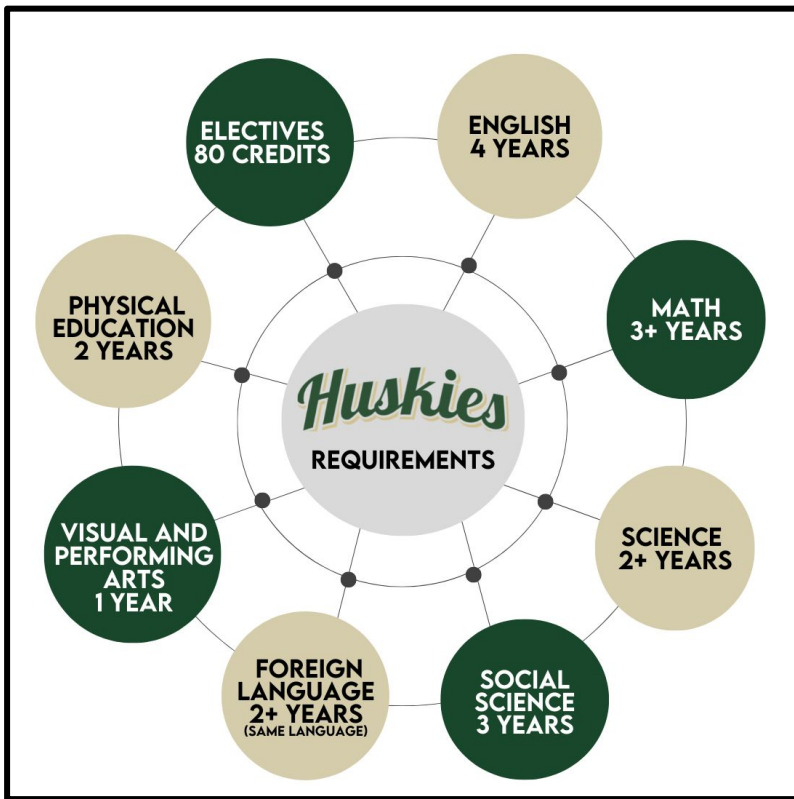


# Requirements



## SOUTH HILLS HIGH SCHOOL

Graduation Requirements vs. UC/CSU A-G Requirements



Subject	South Hills High School	UC/ CSU A-G
A- Social Science	30 credits World History US History Gov/Econ	2 years required World History US History
B- English	40 credits	4 years required
C- Mathematics	20 credits Including successful completion of International Math I	3 years required (4 years recommended) International Math I, II, III
D- Science	20 credits 1 year Biological Science *Health requirement met with successful completion of Biology 1 year Physical Science	2 years required (3 years recommended) Biology, Chemistry or Physics
E- Language Other than English	10 credits Spanish/ Chinese American Sign Language  OR Music/Art/Drama/Dance	Language other than English 2 years required (3 years recommended) AND Visual Performing Arts 1 year required of same class- Consecutive Semesters Only Music/Art/Drama/Dance
F- Fine Arts		
G- Electives	80 credits	College Prep. Electives 1 year required
Physical Education	20 credits	<b>Special Note:</b> Colleges require a grade of "C" or higher. Any D's must be re-taken for admission consideration.  NCAA Clearance is required to compete in college athletics

### California School Dashboard- College/Career Indicator

The College/Career Indicator measures how well schools are preparing students for likely success after graduation. High school graduates must meet at least one of the measures in the prepared level:

- ☐ CAASPP: Score of Level 3 "Standard Met" or higher on both English (ELA) and math
- ☐ Advanced Placement (AP) Exams: Score of 3 or higher on two AP exams
- ☐ International Baccalaureate (IB) Exams: Score of 4 or higher on two IB exams
- ☐ Completion of Dual Enrollment: Two semesters of college coursework with a grade of C or better.
- ☐ Complete a-g course requirements with grades of C or better **plus** one of the Additional Criteria below
- ☐ CTE Pathway completion with a grade of C or better in the capstone course **plus** one of the Additional Criteria below

#### Additional Criteria

- ☐ SBAC Level 3 or higher on ELA and at least a Level 2 "Standard Nearly Met" in mathematics
- ☐ SBAC Level 3 or higher on mathematics and at least a Level 2 "Standard Nearly Met" in ELA
- ☐ One semester of Dual Enrollment with a grade of C or better
- ☐ Score of 3 on one AP exam or score of 4 on one IB Exam (for a-g requirement only)
- ☐ Completion of CTE Pathway (for a-g requirement only)





# College/Career Indicator

## California School Dashboard- College/Career Indicator

The College/Career Indicator measures how well schools are preparing students for likely success after graduation. High school graduates must meet at least one of the measures in the prepared level:

- ☐ Smarter Balanced Summative Assessments: Score of Level 3 “Standard Met” or higher on both English (ELA) and math
- ☐ Advanced Placement (AP) Exams: Score of 3 or higher on two AP exams
- ☐ International Baccalaureate (IB) Exams: Score of 4 or higher on two IB exams
- ☐ Completion of Dual Enrollment: Two semesters of college coursework with a grade of C or better
- ☐ Complete a-g course requirements with grades of C or better **plus** one of the Additional Criteria below
- ☐ CTE Pathway completion with a grade of C or better in the capstone course **plus** one of the Additional Criteria below

### Additional Criteria

- ☐ SBAC Level 3 or higher on ELA and at least a Level 2 “Standard Nearly Met” in mathematics
- ☐ SBAC Level 3 or higher on mathematics and at least a Level 2 “Standard Nearly Met” in ELA
- ☐ One semester of Dual Enrollment with a grade of C or better
- ☐ Score of 3 on one AP exam or score of 4 on one IB Exam (for a-g requirement only)
- ☐ Completion of CTE Pathway (for a-g requirement only)



# A-G Classes at South Hills



## SOUTH HILLS HIGH SCHOOL

UC/CSU Approved Courses 2024-2025

A-G Requirements

Subject	Requirement	South Hills UC Approved Courses
<b>A- Social Science</b>	2 Years	Human Geography (AP) Pre-AP World History, World History P, World History (AP), 01/03 World History U.S. History and Geography, U.S. History (AP), 01 American Hist, 03 American Hist American Gov P, US Gov and Politics (AP), 01 American Gov, 03 American Gov IB History HL
<b>B- English</b>	4 Years	Pre-AP ELA 1, Pre-AP ELA 1 Honors, 01 CompLit I, 03 CompLit I Pre-AP ELA 2, Pre-AP ELA 2 Honors, 01 CompLit II, 03 CompLit II Composition/Literature III CCSS, 01 CompLit III, 03 CompLit III CSU Expository Reading and Writing, 01 CompLit IV, 03 CompLit IV English Literature and Composition (AP) English Language and Composition (AP) IB Language A: Language and Literature HL
<b>C- Math</b>	3 Year Required, 4 Years Recommended	International Math I, 01 International Math I, 03 International Math I International Math II, 01 International Math II, 03 International Math II International Math III, 01 International Math III, 03 International Math III International Math III/Trig Pre-Calc Stats/Prob/Finite P Trig/Pre-Calc P, AP Precalculus Calculus AB (AP) Calculus BC (AP) IB Math Analysis SL
<b>D- Laboratory Science</b>	2 Years Required, 3 Years Recommended	Pre-AP Biology, Pre-AP Biology Honors, 01/03 Biology, Biology (AP), IB Biology HL Pre-AP Chemistry, Chemistry Honors, Chemistry (AP) Physics P, Physics 1(AP) Body Systems and Disorders Conceptual Physics P, 03 Conceptual Physics Environmental Science (AP)
<b>E- Language other than English</b>	2 Years Required, 3 Years Recommended	American Sign Language I P, II P, III P, IV P Chinese I P, II P, III P, IV P, Chinese Language (AP) Spanish I P, II P, III P, Spanish Language (AP) IB Mandarin SL/HL IB Spanish SL/HL



# A-G Classes at South Hills

F- Visual and Performing Arts	1 Year	Advanced Acting Advanced Art Advanced Band Art Appreciation Beginning Dance Ceramics and Sculpture Chorus Concert Choir Digital Photo II IB Theater SL IB Visual Art HL Intermediate Dance Intro to Theater Arts Jazz Ensemble Marching Band Photography/Commercial Art Digital Photo II Special Projects
G- Elective	1 Year	Advanced Sports Physical Therapy Advanced Welding AVID 9, 10, 11, 12 Business Applications and Design Computer Science A (AP) Computer Science Principles (AP) Culinary Arts I, II Economics P, Economics: Macro (AP), 01 Economics, 03 Economics ELD III- English Language Development Entrepreneurship IB Business and Management SL IB Sport Exercise and Health Science SL IB Theory of Knowledge Journalism in the Digital Age Leadership 1, 2 Literature, Media, and Film Medical Careers Peer Counseling 1, 2, 3 Psychology/Sociology, Psychology (AP) Speech Virtual Enterprise



# Selecting Classes in the Aeries Portal

Students need to enter course requests in the Aeries Student Portal by

Tuesday, February 20th!



# All courses must be entered in the portal by Tuesday, February 18th

*When will you meet with your counselor?*

**Colwell**- February 20

**Jacobsen**- February 24

**Johnson**- March 12

**Liang**- February 28

**Lim**- February 25

**Lopez**- March 4

**McKissick**- February 21

**Neria**- March 4

**Robinson**- February 27

**Rogers**- February 26

**Steinkraus**- March 3

**Villanueva**- February 18

**Wong**- March 10





# Summer School

Summer school registration will take place when the student meets with his or her counselor.

After that, the information will be available on the school website.

## \*Mt. SAC Sponsored Summer Classes

June 9- July 11, 2025

*Semester 1:* June 9 - June 24 (no school June 19)

*Semester 2:* June 25 - July 11 (no school July 4)





# Choosing Classes: AP and IB Options

# Expectations

- AP and IB courses demand more than regular college prep courses.
- Classes tend to be fast-paced and cover more material than typical high school classes.
- Classes require more time, inside and outside of the classroom, and more time required to complete lessons, readings, assignments, and homework.
- Discussions in IB classes are required and thought-provoking.
- If committing to the Full Diploma IB program, there are other requirements including TOK, Extended Essay, and CAS (Creativity, Activity & Service.)



# What is AP?

- AP = Advanced Placement
- AP courses are college-level courses offered in high school.
- All AP courses are one year courses and are taken individually.
- Students take AP Exams at the end of the course, measuring their mastery of college-level work.
- A score of 3 or higher on an AP Exam can typically earn students college credit and/or placement into advanced courses in college.



# What is IB?



International  
Baccalaureate

- IB = International Baccalaureate
- Two year courses in grade 11 and 12
  - HL courses 2 years
  - SL courses 1 year
- Students can take:
  - IB Full Diploma Program (6 courses plus T.O.K.)
  - Associates Program (3-4 courses plus T.O.K.)
  - Individual course (a la carte)
- IB focuses on each student as a whole person.
- The aim of IB is to develop *inquiring, knowledgeable, and caring* young people with adaptable skills to tackle society's complex challenges and who will help to make a better, more peaceful world.





# What is Dual Enrollment?

We will be expanding our Mt. SAC Dual Enrollment class options on our campus next year.

- Students who complete Dual Enrollment class will receive credit at both South Hills & Mt. SAC.
- This would allow students to get transferable credit for a college level course during their senior year.
- Courses we will be offering during the 2025-26 school year:
  - 1st Semester
    - SPCH 1A – Public Speaking
    - SOC 5 – Intro to Criminology
    - ETHS 1 - Intro to Ethnic Studies
  - 2nd Semester
    - MUS 15 – Rock Music History
    - ADJU 1 – Admin of Justice
    - FIRE 1 – Fire Protection Org
    - ETHS 1 - Intro to Ethnic Studies
- All classes will run 7:45am - 9:20am





# Preparing for College

# Preparing for College



High school grades and classes matter!

- Start building your college list
- Students and parents might have different priorities. Discuss those priorities before beginning your college search.
- Things to consider when searching for colleges:
  - Size/Location/Housing available
  - Majors Offered
  - Admission requirements
  - Cost/Financial Aid available
  - Campus Life/ Sports/ Activities
  - Research/ Internship opportunities available
  - Average amount of time it takes to graduate



# Reach, Target, and Safety Schools

## Reach

10-20% chance of acceptance

- Dream school
- One that you shouldn't expect to be admitted to
- GPA/SAT are below average range for acceptance

## Target

50-60% chance of acceptance

- On Target for acceptance
- GPA/SAT are within average range for acceptance

## Safety

90% chance of acceptance

- Certain that you will be accepted
- GPA/SAT are above range for acceptance
- Financially safe



# GPA

- All C-VUSD high schools report students' GPAs on the transcript as un-weighted
- A= 4pts, B=3pts, C=2pts, D=1pt, F=0pts
- 10th and 11th grade grades are used to determine eligibility for UC and CSU admissions
- Continue to keep GPA high for college applications and financial aid
- Cal Grants are determined by:
  - Financial Need
  - GPA
    - 3.0 or higher for 4-year University
    - 2.0 or higher for Community College

All students in California are now required to complete a Financial Aid Application as part of the graduation requirements. Most students will complete the FAFSA starting in October 2027.





# Consider Your College Options

- California State Universities (CSU)
- University of California schools (UC)
- Private Colleges and Universities
- Out of State Colleges and Universities
- Community Colleges
- Trade School/ Adult education/  
Apprenticeship



# Gather College Information

## NACAC Virtual College Fairs

Sign up and attend for free!

[Register Here](#)

## NACAC In-person College Fair

February 16th at the Anaheim

Convention Center - [Register Here](#)



**February 16, 2025**

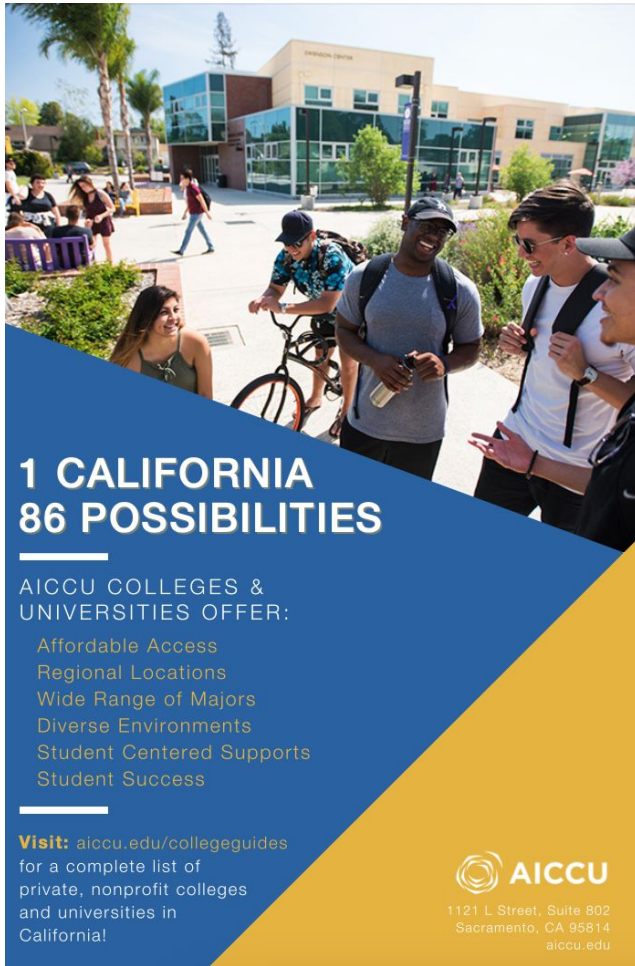
**1 p.m. - 4 p.m. (PT)**



# Gather College Information

The Association of Independent California Colleges and Universities (AICCU) has a complete list of all the private, nonprofit colleges and universities located throughout California.

[AICCU College Guides](#)


A graphic for AICCU College Guides. The top half features a photograph of diverse college students on a campus, with a modern building in the background. The bottom half is a blue and yellow diagonal design. The text '1 CALIFORNIA 86 POSSIBILITIES' is prominently displayed in white. Below this, a list of benefits is provided in orange text. At the bottom, a 'Visit' link is given in orange, and the AICCU logo and contact information are in the bottom right corner.

**1 CALIFORNIA  
86 POSSIBILITIES**

AICCU COLLEGES &  
UNIVERSITIES OFFER:

- Affordable Access
- Regional Locations
- Wide Range of Majors
- Diverse Environments
- Student Centered Supports
- Student Success

**Visit:** [aiccu.edu/collegeguides](http://aiccu.edu/collegeguides)  
for a complete list of  
private, nonprofit colleges  
and universities in  
California!

 **AICCU**  
1121 L Street, Suite 802  
Sacramento, CA 95814  
[aiccu.edu](http://aiccu.edu)



# Gather College Information



Visit Cal State Campuses in Person or Online

## [CSU Campus Events](#)

### Virtual Campus Tour

You may not be able to tour a campus in person, but it doesn't mean you can't visit virtually!

Select a Campus



Go

### In-Person Campus Tours

Get to know your CSU campuses with an in-person tour, and see what your future holds.

Pomona



Go





# UC Information

## UC for Everyone 2025

UC will host a free virtual event on Tuesday, February 25, for students and families who are interested in learning more about UC admission and our nine undergraduate campuses. We welcome California students in grades 9–11 or community college students who are interested in applying to UC for fall 2026 or beyond.

UC is a destination for students who are intellectually curious, seek professional and personal growth and believe that education is an investment in their future. This event will help students discover what kinds of learning and engagement opportunities are available in and out of the classroom. A panel of current students will answer questions about their experiences being a part of UC. Finally, admissions representatives will share information on both the first-year and transfer admission routes, including tips to help students prepare for the process.

Registration is required and space is limited. Please [register online](#).

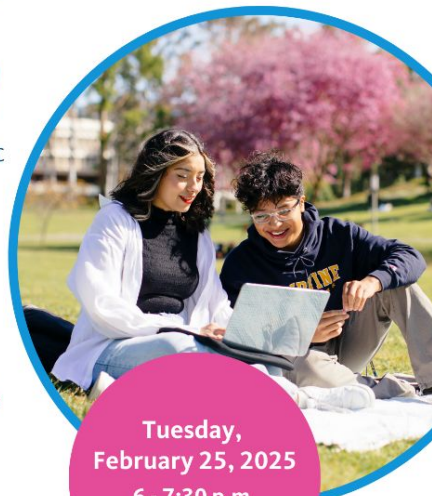
Are you a California high school or community college student interested in applying to the University of California next fall or beyond? Discover what kinds of learning and engagement opportunities are available at UC during this free virtual event.

### Students and families, join us!

Learn about the University of California's nine undergraduate campuses and chat with campus representatives

Hear from current students about their experience being a part of UC

Get tips on how to prepare for the admission process and be a competitive applicant



**Tuesday,  
February 25, 2025  
6 - 7:30 p.m.  
(Pacific Time)**

**Questions?** Email us at [ucforyou@ucop.edu](mailto:ucforyou@ucop.edu)

Space is limited. Register at [ucop.swoogo.com/ucforeveryone25](https://ucop.swoogo.com/ucforeveryone25)

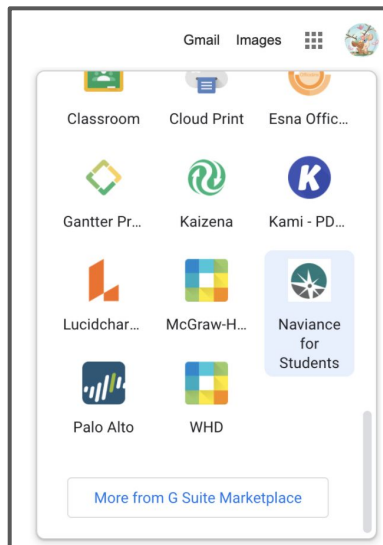




# Using Naviance and Other Resources

# Naviance

- College Search
- Career Profiles
- Resume Builder
- Scholarship Information



## Logging Into Your Account

Log into your Naviance account using the following information:

In the Google Apps waffle, select Naviance for Students

Login using your C-VUSD Google email and password

If you run into issues logging into your account, please contact your counselor for assistance.



# Naviance

[Home](#)[Self-Discovery](#)[Careers](#)[Colleges](#)[Planner](#)

9th Grade



EN

[Close Demo](#)

## Demo's Future Planning



### No Path Selected

Plan for life after high school and select the path that will lead to future success.

[Select Path](#)

## Welcome to Naviance

We are excited to use Naviance for college and career planning. Explore the different sections and check back for updates!

[Additional Information from Your School](#)

## Tasks from My School

Relax, you have no overdue or upcoming to-dos and tasks. However, you can get ahead by going to My Planner to see what's next or create a goal or to-do.

[Go to My Planner](#)

## Career Essentials

### Important Skills



Explore and favorite careers to discover the skills you'll need to succeed.

[Explore and Favorite Careers](#)

### Top Knowledge Sets



Explore and favorite careers to discover the knowledge areas you'll need to succeed.

[Explore and Favorite Careers](#)

## What's New

Nothing new to review this visit. Check back later.

## Helping Black Families Navigate the Admissions Process

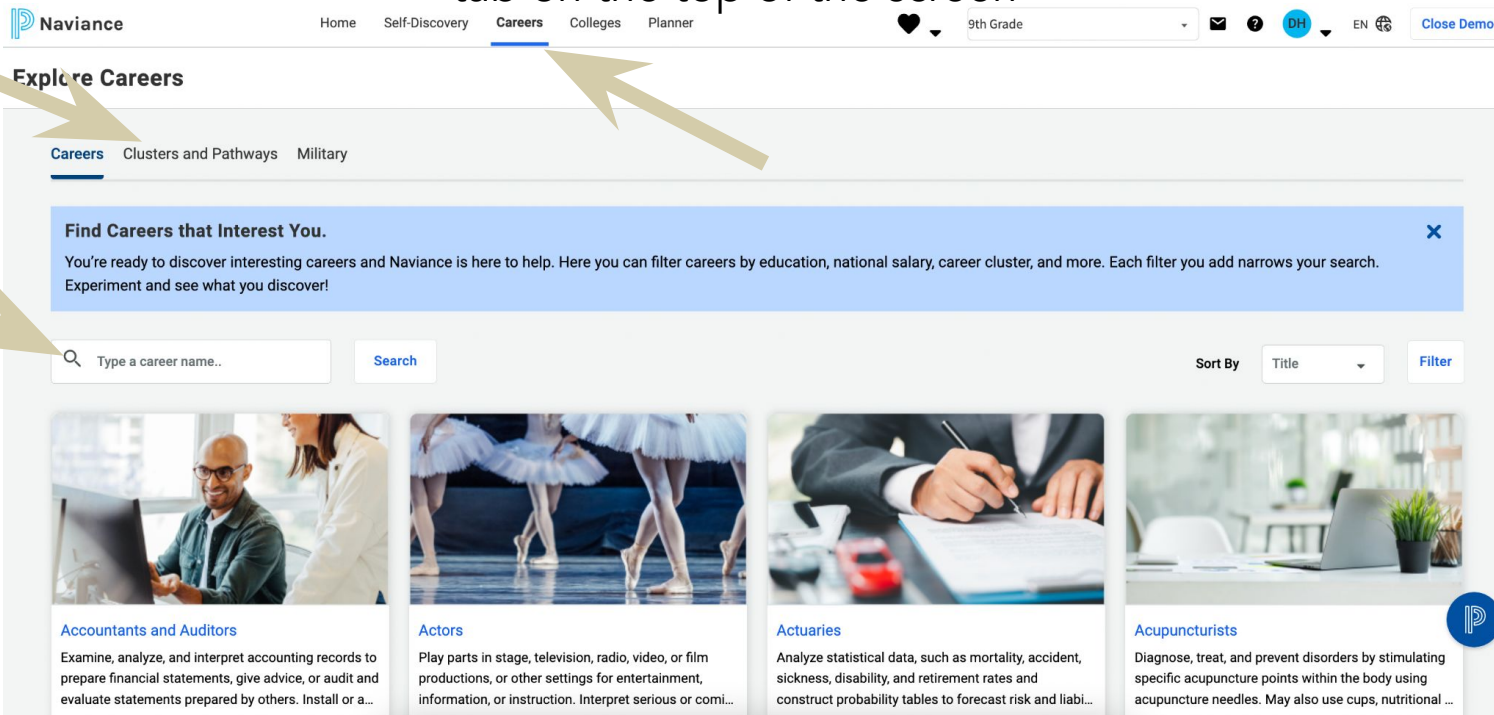
with the #SallieMaeTeam





# Naviance

Students can explore career information by clicking on the “careers” tab on the top of the screen



The screenshot shows the Naviance website interface. At the top, the 'Careers' tab is highlighted in the navigation bar. Below it, the 'Explore Careers' section is visible. A blue banner reads 'Find Careers that Interest You.' followed by a paragraph: 'You're ready to discover interesting careers and Naviance is here to help. Here you can filter careers by education, national salary, career cluster, and more. Each filter you add narrows your search. Experiment and see what you discover!'. Below the banner is a search bar with the placeholder text 'Type a career name..' and a 'Search' button. To the right of the search bar are 'Sort By' and 'Filter' options. Below the search bar, four career cards are displayed: 'Accountants and Auditors', 'Actors', 'Actuaries', and 'Acupuncturists'. Each card includes a representative image and a brief description of the career.

**Naviance** Home Self-Discovery **Careers** Colleges Planner

9th Grade

**Explore Careers**

Careers Clusters and Pathways Military

**Find Careers that Interest You.**

You're ready to discover interesting careers and Naviance is here to help. Here you can filter careers by education, national salary, career cluster, and more. Each filter you add narrows your search. Experiment and see what you discover!

Type a career name.. Search

Sort By Title Filter

**Accountants and Auditors**  
Examine, analyze, and interpret accounting records to prepare financial statements, give advice, or audit and evaluate statements prepared by others. Install or a...

**Actors**  
Play parts in stage, television, radio, video, or film productions, or other settings for entertainment, information, or instruction. Interpret serious or comi...

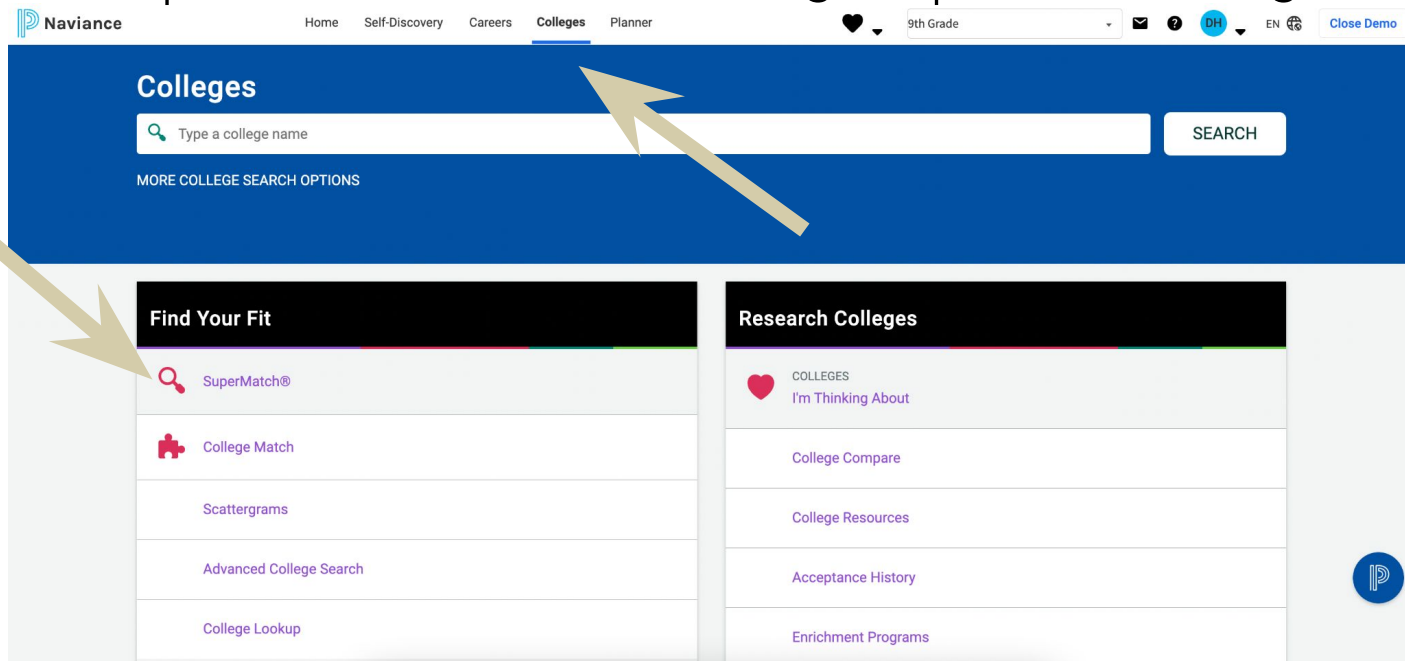
**Actuaries**  
Analyze statistical data, such as mortality, accident, sickness, disability, and retirement rates and construct probability tables to forecast risk and liabi...

**Acupuncturists**  
Diagnose, treat, and prevent disorders by stimulating specific acupuncture points within the body using acupuncture needles. May also use cups, nutritional ...



# Naviance

Students can explore colleges by clicking on the “colleges” tab. Several search options are available, including “SuperMatch college search”

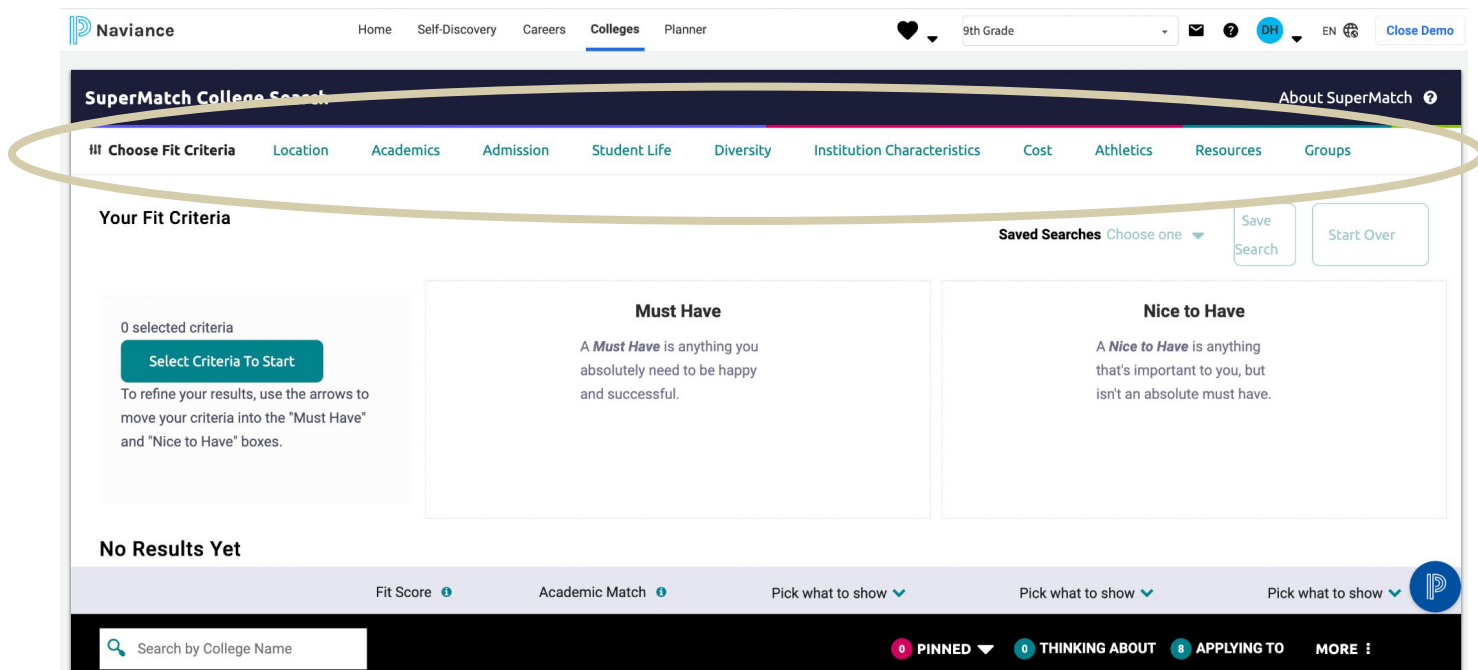


The screenshot displays the Naviance website interface. At the top, the navigation bar includes links for Home, Self-Discovery, Careers, **Colleges** (highlighted with a blue underline), and Planner. To the right of the navigation bar are icons for a heart, a dropdown menu showing '9th Grade', a mail icon, a question mark icon, a 'DH' profile icon, 'EN', a globe icon, and a 'Close Demo' button. Below the navigation bar is a large blue header section titled 'Colleges'. Inside this header is a search bar with the placeholder text 'Type a college name' and a 'SEARCH' button. Below the search bar is a link that says 'MORE COLLEGE SEARCH OPTIONS'. Two yellow arrows point to the 'Colleges' tab in the navigation bar and the search bar. Below the blue header is a white content area divided into two columns. The left column is titled 'Find Your Fit' and contains a list of search options: 'SuperMatch®' (with a magnifying glass icon), 'College Match' (with a puzzle piece icon), 'Scattergrams', 'Advanced College Search', and 'College Lookup'. The right column is titled 'Research Colleges' and contains a list of options: 'COLLEGES I'm Thinking About' (with a heart icon), 'College Compare', 'College Resources', 'Acceptance History', and 'Enrichment Programs'. A small blue circular icon with a white 'P' is located in the bottom right corner of the white content area.



# Naviance

Using SuperMatch college search allows students to filter their priorities during their college search



The screenshot displays the Naviance SuperMatch College Search interface. At the top, the Naviance logo is on the left, and navigation links for Home, Self-Discovery, Careers, Colleges (highlighted), and Planner are in the center. On the right, there's a heart icon, a dropdown menu set to '9th Grade', an email icon, a question mark icon, a user profile icon labeled 'DH', language settings 'EN' and a globe icon, and a 'Close Demo' button.

The main section is titled 'SuperMatch College Search' with a link to 'About SuperMatch'. Below this is a horizontal menu with the following categories: 'Choose Fit Criteria' (highlighted with a yellow oval), 'Location', 'Academics', 'Admission', 'Student Life', 'Diversity', 'Institution Characteristics', 'Cost', 'Athletics', 'Resources', and 'Groups'.

Under 'Your Fit Criteria', there are three boxes:

- 0 selected criteria**: A teal button labeled 'Select Criteria To Start'. Below it, text reads: 'To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.'
- Must Have**: A box with the text: 'A *Must Have* is anything you absolutely need to be happy and successful.'
- Nice to Have**: A box with the text: 'A *Nice to Have* is anything that's important to you, but isn't an absolute must have.'

Below these boxes, it says 'No Results Yet'. At the bottom, there's a search bar labeled 'Search by College Name' and a row of filters: 'Fit Score', 'Academic Match', 'Pick what to show' (with a dropdown arrow), 'Pick what to show' (with a dropdown arrow), and 'Pick what to show' (with a dropdown arrow). On the far right of this row is a blue circular icon with a white 'P'.

At the very bottom, there's a status bar with four items: '0 PINNED', '0 THINKING ABOUT', '8 APPLYING TO', and 'MORE !'.



# California Career Zone

<https://www.cacareerzone.org/>

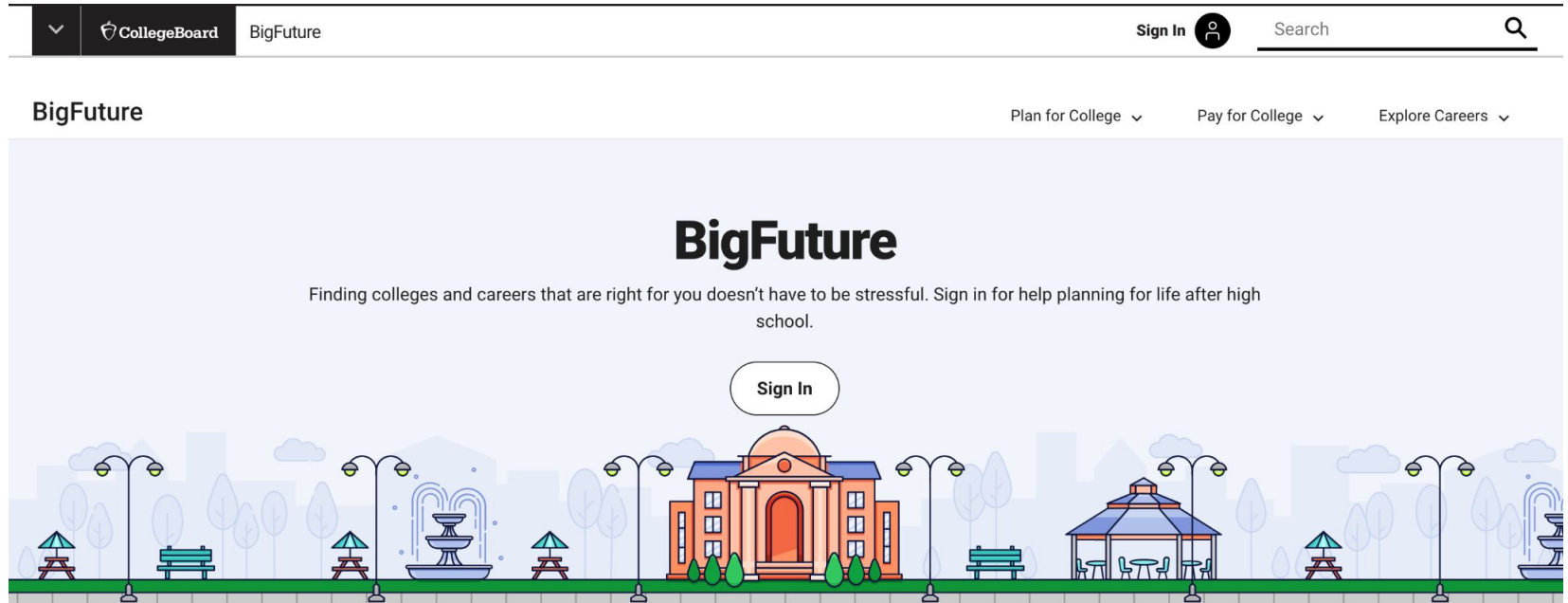


## What's your plan?



# College Board- Big Future

<https://bigfuture.collegeboard.org/>



# NCAA

For South Hills NCAA approved courses: [Click Here](#) - School Code 050704

## HIGH SCHOOL TIMELINE

### GRADE 9

#### *Plan*

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist).

### GRADE 10

#### *Register*

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

### GRADE 11

#### *Study*

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code **9999**.
- At the end of the year, ask your counselor to upload your official transcript.

### GRADE 12

#### *Graduate*

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code **9999**.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.






# Resources and Upcoming Events



# Free Tutoring at South Hills



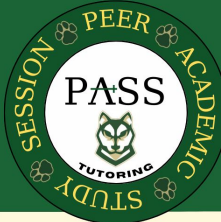
**Math TUTORING**

**WEDNESDAY  
THURSDAY  
FRIDAY**

**7:30AM - 8:20AM**

**MATH I & II - ROOM 924**

**MATH III & UP - ROOM 925**




**TUTORING**

All subjects. Any grade

**WEDNESDAYS**

LUNCH	After School
Room 154	Library

GET HELP  
STUDY WITH FRIENDS!

 @Husky.PASS





# Free Online Tutoring

Students who have an LA County Library card can access free online tutoring 24/7 by going to this link.

[Free Online Tutoring](#)

If you do not have an LA County Library Card, see this website for how to get your free library card.

[LA County Library Card](#)



# PSAT Results and Khan Academy

- Review your PSAT results to study for the SAT
- Sign in to your College Board account to see your results
- Link your College Board account to Khan Academy for FREE, personalized SAT prep

## Steps to link your College Board and Khan Academy Accounts

### Step 1

Log in to or create your Khan Academy account at **[satpractice.org](https://satpractice.org)**

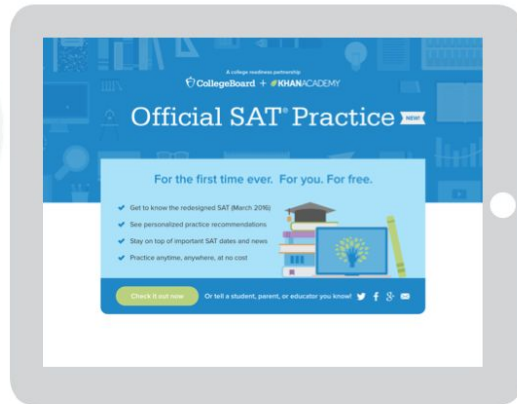
### Step 2

When prompted, agree to link your Khan Academy and College Board accounts

### Step 3

Sign in or create your College Board Account and hit "Send" to send your scores

**Sign up. Link up.  
Get practicing.**



# CAASPP Testing in 11th Grade

## Why is it Important?

- Results are used to determine placement in senior Math and English classes
- Impacts college placement:
  - Universities use CAASPP results to determine if you can enter taking college level classes
- Score on ELA determines eligibility for Seal of Biliteracy
- Impacts how we are judged as a school



# Community Resources



<http://caresolace.com/cvusdparents>



## Crisis Hotlines

National Suicide Prevention Hotline \_\_\_\_\_ (800) 273-8255  
24/7 Suicide Crisis Hotline \_\_\_\_\_ (877) 727-4747  
Crisis Text Line \_\_\_\_\_ Text "HELLO" to 741-741  
Trevor Project (LGBTQ+ Crisis Hotline) \_\_\_\_\_ (866) 488-7386 or  
Text (202) 304-1200  
Rape Sexual Assault Hotline \_\_\_\_\_ (800) 656-HOPE  
Runaway Hotline \_\_\_\_\_ (800) 786-2929  
Pregnancy Hotline \_\_\_\_\_ (800) 339-6993  
Domestic Violence \_\_\_\_\_ (800) 799-7233  
Drug & Alcohol Abuse \_\_\_\_\_ (626) 914-1861

## **24 Hour Urgent Psychiatric Services**

\*Individuals can be seen at any hospital emergency room

Aurora Charter Oak Hospital 1161 E. Covina Blvd Covina, CA 91724 (626) 966- 1632 Hotline #: (800) 654-2673	Behavioral Health Urgent Care 18501 Gale Avenue, Suite 100 City of Industry, CA 91748 (626)626-4997	BHC Alhambra Hospital 4619 N. Rosemead Blvd. Rosemead, CA 91770 (626) 470-9583
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## **Family and Individual Counseling Services (Non-Crisis)**

San Gabriel Valley NAMI "Warmline" \_\_\_\_\_ (626)577-6697  
LA County Department of Mental Health (24/7 Access) \_\_\_\_\_ (800)854-7771  
Care Solace "Care Companion" Mental Health Resources \_\_\_\_\_ (888)515-0595  
APU Community Counseling Center- Azusa \_\_\_\_\_ (626) 815-5421  
Five Acres – West Covina \_\_\_\_\_ (626)773-9222  
ENKI Mental Health Services- West Covina \_\_\_\_\_ (866) 227-1302  
Foothill Family Services- West Covina \_\_\_\_\_ (626) 993-3000 Medi-Cal  
Pacific Clinics- Glendora \_\_\_\_\_ (626) 335-5980 Medi-Cal  
Hillsides & Bienvenidos Family Resource Center \_\_\_\_\_ (323) 274-3075 Medi-Cal  
Center for Integrated Family Health Services \_\_\_\_\_ (626) 966-1577 Medi-Cal  
California Family Counseling Network \_\_\_\_\_ (626) 332-7335 Medi-Cal



# Hazel Health

Covina-Valley Unified School District's partnership with Hazel Health means your child can get high-quality teletherapy.

- Students can get teletherapy at school or at home.
- Weekly therapy sessions can help students with depression, anxiety, loneliness, personal relationships, anger, academic stress, motivation, and more.
- All Hazel Health visits are safe and confidential.
- Contact your school counselor if you are interested in getting started.

## How telehealth with Hazel Health works

**Telehealth is the use of technology to provide health care virtually. All Hazel visits are virtual visits.**



### Teletherapy

Our licensed therapists help students cope with their feelings through virtual mental health sessions.



### Care coordination

If your student needs care beyond Hazel, we can provide recommendations for ongoing care.



# It's Okay to Ask for Help

## Mental Health Resources for Yourself and Your Friends

### Suicide & Crisis Lifeline

988

Press 1 for Veterans, Press 2 for Spanish

### Crisis Text Line

Text TALK to 741741 for English

Text AYUDA to 741741 for Spanish

Text with a trained counselor for free, 24/7

### RAINN

National Sexual Assault Hotline

Lifeline: 1-800-656-4673

Chat: Via [hotline.rainn.org](https://hotline.rainn.org)

### TWLOHA

Connect to mental health resources in your community  
[twloha.com/find-help](https://twloha.com/find-help)

### The Trevor Project

TrevorLifeline: 1-866-488-7386

TrevorText: Text TREVOR to  
1-202-304-1200

TrevorChat: [thetrevorproject.org](https://thetrevorproject.org)

### National Alliance for Eating Disorders

Helpline: 1-866-662-1235

[allianceforeatingdisorders.com](https://allianceforeatingdisorders.com)

### National Eating Disorders Association

Helpline: 1-800-931-2237

Chat: Via [myneda.org](https://myneda.org)


### Seize the Awkward

[seizetheawkward.org](https://seizetheawkward.org)

@seizetheawkward



# Peer Counseling Support and the Wellness Center




2023-2024

**SOUTH HILLS  
HIGH SCHOOL**

**PEER COUNSELING  
REFERRAL FORM**

*Scan below to request an  
appointment to meet with a Peer  
Counselor in the Wellness Center*



<https://bit.ly/shhswellness23-24>

Stress  
Sadness  
Test Anxiety  
Relationships  
Getting Connected  
Time Management  
Struggles at Home  
Motivation  
Loneliness  
Grades

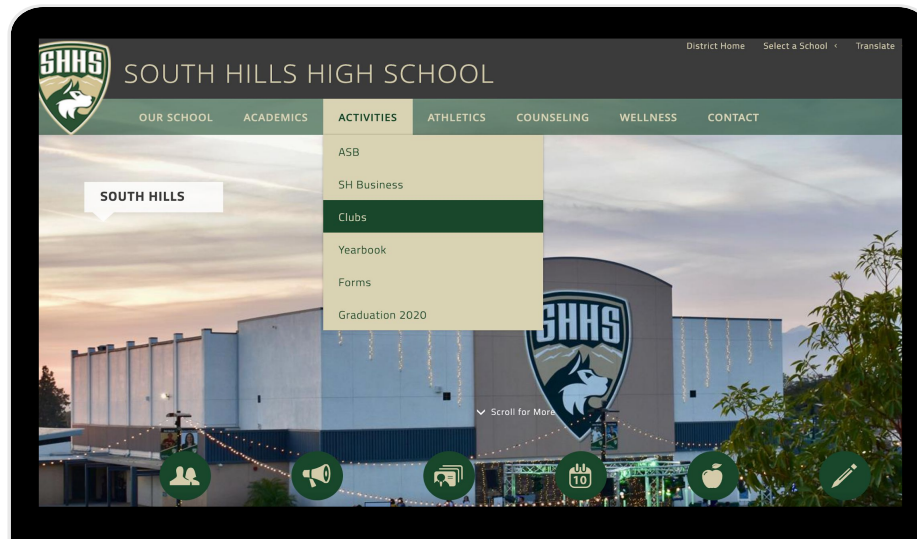




# South Hills Clubs

20+ Active Clubs

[Link to Clubs](#)

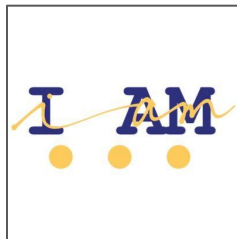


Artistry of Film	Cooley	Abigail Marin	Lunch	Friday	Theater
AVID	C. James	Luke Garcia	NA	NA	NA
Bake and Debate	Gonzalez-Renova	Abigail Marin	Lunch	Tues & Thurs	Room 164
Barkada	Wong	Joshua Buenviaje	Lunch	Friday	Room 253
Baseball	Murphy	Elias Reyes	12:10 PM	Monday	Baseball Team Room
Boys Tennis	Weber	Megan Tran	Lunch	TBD	Room 102
BSU	Hert	Myia Abarca	Lunch	Tuesday	Room 425





# Get Involved



ACTIVE FAITH



At South Hills, we do not have a volunteer requirement for graduation, we encourage students to do something productive with their time. This can include: clubs, employment, volunteering, sports, religious activities, etc.



SOUTH HILLS HIGH SCHOOL

# *Light up the Night*

**THURSDAY, FEBRUARY 27TH AT 6:00PM**

JOIN US FOR A NIGHT SHOWCASING SOUTH HILLS' ACADEMICS, ATHLETICS AND CO-CURRICULAR PROGRAMS. MEET TEACHERS, ADMINISTRATORS, COACHES AND STUDENTS WHILE TOURING OUR UNIQUELY BEAUTIFUL CAMPUS.



*South Hills High School • 645 S Barranca Street • West Covina, CA  
626-974-6220 • [www.southhillshigh.com](http://www.southhillshigh.com)*





# Contact Us

[www.southhillshigh.com](http://www.southhillshigh.com)

Main Office: (626) 974-6200

Counseling Office: (626) 974-6208

ASB Office: (626) 974-6210

Attendance Office: (626) 974-6220



Instagram

Follow us on Instagram

@southhillscounseling

@southhillsasb

